








April - avril 2003

Temple Bouddhiste Tibétain de Montréal Tibetan Buddhist Temple

Sunday dimanche	Monday lundi	Tuesday mardi	Wednesday mercredi	Thursday jeudi	Friday vendredi	Saturday samedi
	SVP confirmer toutes les dates des événements par téléphone avant de se rendre au Temple Please confirm all dates for events by telephone before coming to the Temple	1 	2 meditation (breath/respiration) 7:30 PM/19h30	3	4 Mahayana sojong weekend retreat begins Fri. 9 PM ends Sun. 9 AM	5 Mahayana sojong fin de semaine de retraite commence ven. 21h termine dim. 9h
6 Mahayana Sojong (termine/ends) 9 AM/9h Yamantaka Saddhana 11h(AM)	7 Chöd 7:30PM/19h30	8	9  meditation (breath/respiration) 7:30 PM/19h30	10	11	12  Lama Chöpa Tsog 7:30 PM/19h30
13	14 Chöd 7:30PM/19h30	15	16  meditation (breath/respiration) 7:30 PM/19h30	17	18	19
20	21 Chöd 7:30PM/19h30	22	23  meditation (breath/respiration) 7:30 PM/19h30	24  Vajra Yogini Tsog 7:30 PM/19h30	25	26
27	28 Chöd 7:30PM/19h30	29	30 meditation (breath/respiration) 7:30 PM/19h30			